

# 'Double Trouble'- Double Spiral Rope Chain

## Supplies:

Size 8/0 Seed Beads (core beads)  
11/0 Seed Beads – Color A (spiral beads)  
11/0 Seed Beads – Color B (spiral beads)  
or  
Size 11/0 Seed Beads (core beads)  
14/0 Seed Beads – Color A (spiral beads)  
14/0 Seed Beads – Color B (spiral beads)  
Clasp  
#11 Beading Needle  
Beading Thread (your choice)

## Tools:

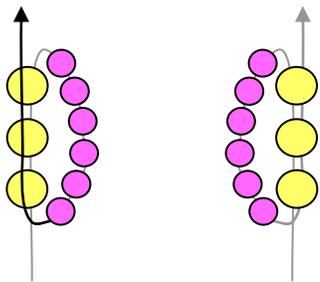
Scissors  
Bead Scoop  
Bead Mat



Begin by threading your beading needle with a single thickness of thread, about 2-3 yards in length. If you are making a necklace and don't like to add thread, you can begin with 4-6 yards of thread and wind half of it onto a plastic bobbin or bundle it. When you begin running out of thread on one side, unwind the thread from the bobbin or bundle and start beading from that end.

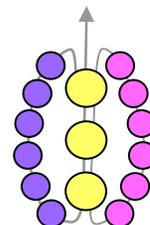
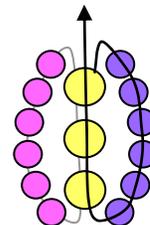
**1** Pick up 3 Core beads and 6 Color A Spiral beads, push them down the thread (be careful not to push them off the end), leaving 6-8" tail. Take the needle up through the three core beads, and pull your thread snug. The spiral beads will lie next to the core beads and you have just completed the first spiral set.

Flip the beads over so that the first set of beads is to the left of the core beads.



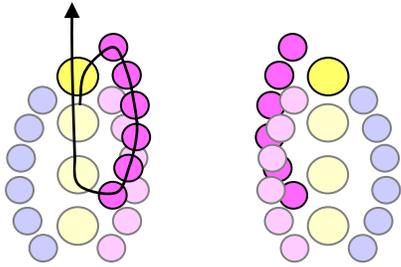
**2** Pick up 6 Color B Spiral beads, take the needle up through the same three core beads you went through in the previous step. Pull your thread snug. You have completed the second spiral set.

Flip the beads so that the second spiral is to the left of the core beads.

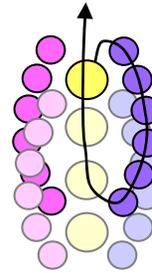


**3** Pick up 1 Core bead and 6 Color A Spiral beads. Push all of the beads down the thread until they are sitting on top of the core beads. Take your needle up through three core beads - two from the previous step and the one you just added. Pull your thread snug.

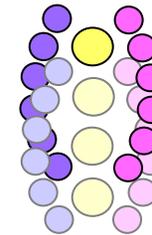
Flip the beads over so the first spiral set is to the left of the core beads.



**4** Pick up 6 Color B Spiral beads, take the needle up through the same three core beads as the previous step.

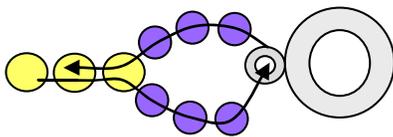


Flip the beads over so the second spiral set is to the left of the core beads.



**5** Repeat steps 3 and 4 until you have reached the desired length.

**6** String on 3 size 11/0 seed beads, one part of the clasp, and 3 more size 11/0 seed beads. Take your needle down through approximately seven core beads and pull snug

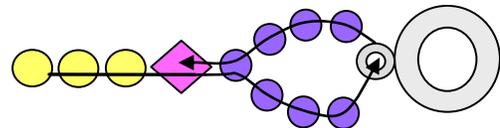


It is always a good idea to reinforce your clasps as they will have the most stress put on them. Work your way back up through spiral and core beads, go through all the seed beads and clasp that you just added. Repeat a couple more times, or until you can no longer fit your needle through the beads. Tie off your thread.

Repeat on the other side of the bracelet to add the second part of the clasp

#### Alternate Clasp Ending:

Sometimes I will dress up the ending by adding crystal, firepolish, or rondelle bead along with the clasp.



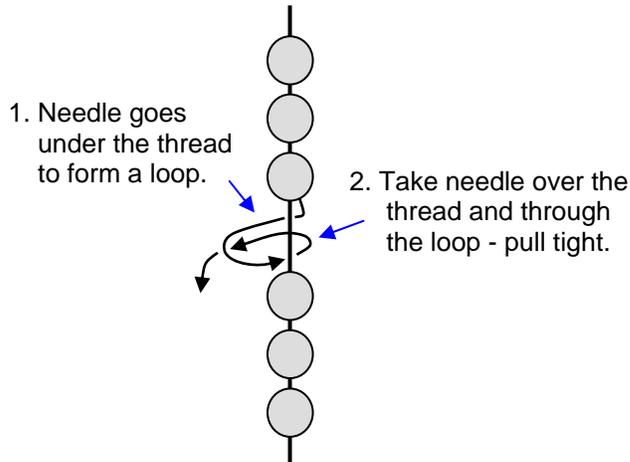
String on 1 crystal, 4 size 11/0 seed beads, one part of your clasp, and 3 more size 11/0 seed beads. Take your needle down through the first size 11/0 bead you added, the crystal and approximately seven core beads. Pull snug and reinforce.

**Congratulations – you are done!**

## Ending & Adding Thread

If you decide to make this design into a necklace, you will end up having to add thread. Stop beading when you have about 5" of thread left to give you enough thread to tie off. There is no specific pattern or formula for ending and adding thread. The goal is to weave the thread through your work and secure with a couple of half hitch knots along the way.

To make a half hitch knot, take the needle under a thread and pull needle and thread through (not all the way). As you pull it through, you will notice that the thread forms a loop. Take the needle over the thread and through this loop, pull snug to form the knot.

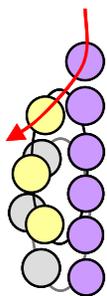


### Tips:

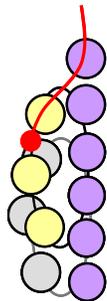
- I like to add a new thread before tying off my old thread. That way I don't lose track of which bead my thread should be coming out of.
- Always needle through several beads before cutting the thread. If you cut the thread right next to a knot, it will eventually come loose.

When beading a spiral, you make several passes through the core beads so I like to make my knots on the outer spiral loops.

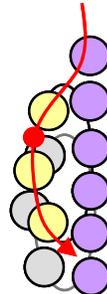
1) With your needle coming out of a core bead, find the spiral loop and go through one or two beads of the spiral.



2) Make a half hitch knot.



3) Needle through the remaining beads on the spiral.



4) Take your needle down through a couple of core beads and repeat once more. Bury your thread in the core beads and cut.

